



It's only September and educators are probably already feeling overwhelmed, exhausted, and isolated. So, EnvisionEdPlus has partnered with Miami University's Center for School-Based Mental Health Programs and the Ohio Mental Health Network for School Success to offer school leaders and afterschool program leaders practical strategies to support their teams and themselves.

Join us for:

# PERMISSION TO THRIVE

## Leading Your Staff (and Self) Beyond Survival Mode

### WHO

School administrators, academic coaches, team leaders, afterschool program leaders.

### WHAT

FREE one-hour training sessions will help participants' shift from survival mode to thriving.

### WHEN

Wednesday, October 7:  
*Choose which time works for you:*  
7:30am - 8:30am or 4:00pm - 5:00pm

[REGISTER NOW](#)

# PERMISSION TO THRIVE



**SESSION DESCRIPTION:** During this one-hour, live, virtual session you will give yourself (and others) permission to THRIVE as you:

- Create a practical and practicable plan to increase balance, connectedness and positive energy in your own life;
- Develop a strategy to replicate this training for your staff or team; and
- Get your hands on a totally awesome virtual swag bag with resources, tools and training options to keep balance, connectedness and positive energy flowing all year.

After you have registered for one of the two available times on Wednesday, October 7, a confirmation email will be sent to you. It will include the Zoom link.

**QUESTIONS?** Contact Tricia Moore, the Director of Partnership and Engagement for EnvisionEdPlus. She can be reached by email at [tricia@envisionedplus.com](mailto:tricia@envisionedplus.com) or cell phone (614-357-4439 - call or text).

This opportunity is brought to you by:

